



PEDIATRIC COUGH/COLD MEDICINE DOSING CHART*

Diphenhydramine^a 12.5mg/5ml	5.4–8.1kg 12-17.9 lbs 6.25mg ½ tsp	8.2-10.8kg 18-23.9 lbs 9.35mg ¾ tsp	10.9–16.3kg 24-35.9 lbs 12.5mg 1 tsp	16.4–21.8kg 36-47.9 lbs 18.75mg 1 ½ tsp	21.9–27.2kg 48-59.9 lbs 25mg 2 tsp	27.3-32.7 kg 60-71.9 lbs 31.25mg 2 ½ tsp	32.8-40kg 72-88 lbs 37.5mg 3 tsp
Guaifenesin 100mg/5ml	6 months – 11 months Over 13 lbs. ¼ tsp q 4 h up to 6 doses /24 hours	12 months – 23 months Over 18 lbs. ½ tsp q 4 h up to 4 doses / 24 hours	2 years - under 6 years ½ - 1 tsp q 4 h up to 6 doses / 24 hours	6 years - under 12 years 1 – 2 tsp q 4 h up to 6 doses / 24h	12 years old and older 2-4 tsp q 4 h up to 6 doses / 24 hours		
Guaifenesin 100mg/ Dextromethorphan 10mg / 5ml	6 months – 11 months Over 13 lbs. ¼ tsp q 8 h up to 3 doses / 24 hours	12 months – 23 months Over 18 lbs. ½ tsp q 8 h up to 3 doses / 24 hours	2 years - under 6 years ½ tsp q 4 h up to 6 doses / 24 hours	6 years - under 12 years 1 tsp q 4 h up to 6 doses / 24h	12 years old and older 2 tsp q 4 h up to 6 doses / 24 hours		
Loratadine^b 5mg/ml	2 years – 5 years 1 tsp daily			6 years and older 2 tsp daily			

^aDiphenhydramine should not be given to a child less than 4 months of age. Doses may be given every 6 hours up to 4 doses / 24 hours.

^bLoratadine should not be given to a child less than 2 years of age.

*This clinical guide is provided for information purposes only and is not a substitute for the practitioner’s judgment. Concentrations provided are those available through Blessings International. Concentrations may vary depending on the source.